

ADVANCED MEDLINE

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If you require this information in an alternative format (i.e. large print, Braille or audio format), please contact any library enquiry desk or telephone (0113) 343 4096 and staff will make the necessary arrangements.



Introduction

Bibliographic databases like Medline contain records of information about journal articles. You can search inside databases to find articles on your topic of interest. Medline is a major database covering medicine, dentistry and some nursing material published since 1946.

Medline has direct links to the full text of some journal articles. For many articles however, it only provides the abstract (the summary paragraph) but each record will tell you which journal the article has been published in. See part 9 for more information about accessing the full text of articles.

Learning outcomes

By the end of this workbook, you should be able to:

- Access Medline via the Library website
- Perform a comprehensive search for a topic, using a variety of search techniques
- Combine your search results
- View and export your results
- Access databases from off-campus

About this workbook

- Things that you need to type are displayed in **Courier New** bold font
- Instructions assume that you are using the Internet Explorer browser (the IT supported web browser), but you can use any web browser.

1. Getting Started

a. Before you start

This workbook aims to teach you how to search **comprehensively** for journal articles on a chosen topic. If you decide it is too in-depth for your assignment or the research you are conducting, there is also an intermediate Medline workbook, which will show you how to use keyword searches to find references that contain simple words and phrases. You can find this on the Medicine subject databases page.

Throughout this workbook, you will learn how to use subject headings and keywords to find articles to answer a particular question:

"Can cognitive behavioural therapy help to improve self esteem in people with eating disorders?"

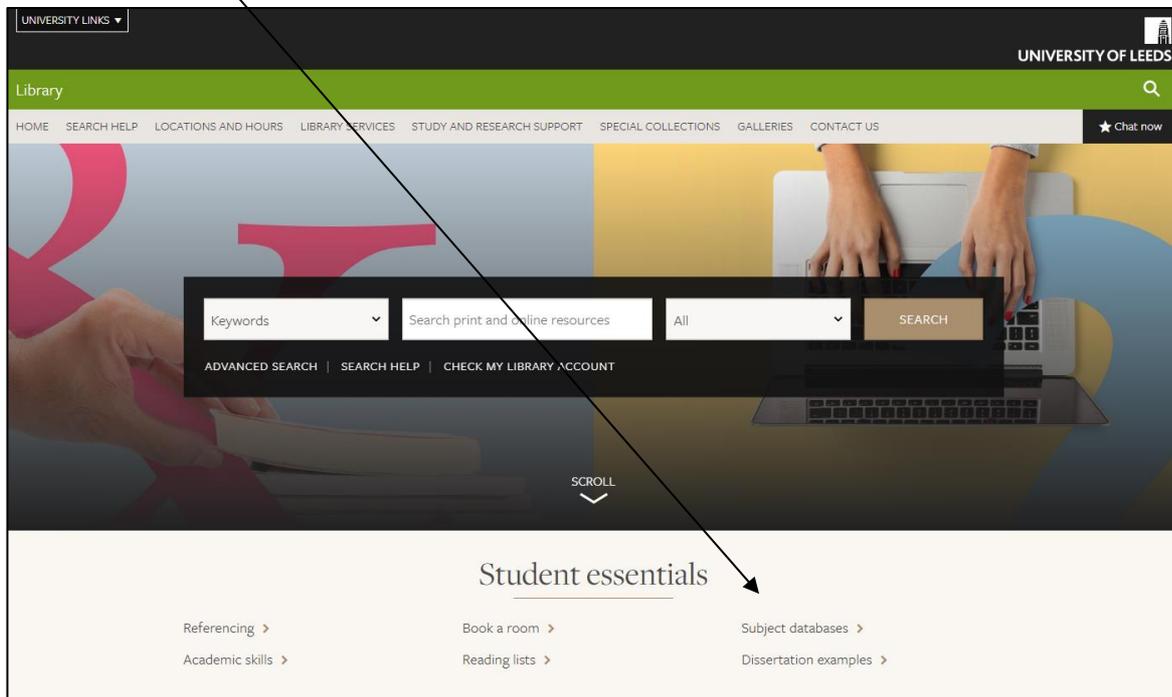
Although you might not be interested in this particular topic, the guided example will teach you the principles behind the literature searching process. You can then apply the same skills to search for articles on your own topic.

b. Logging in to Medline

Exercise 1 – Getting in to Medline

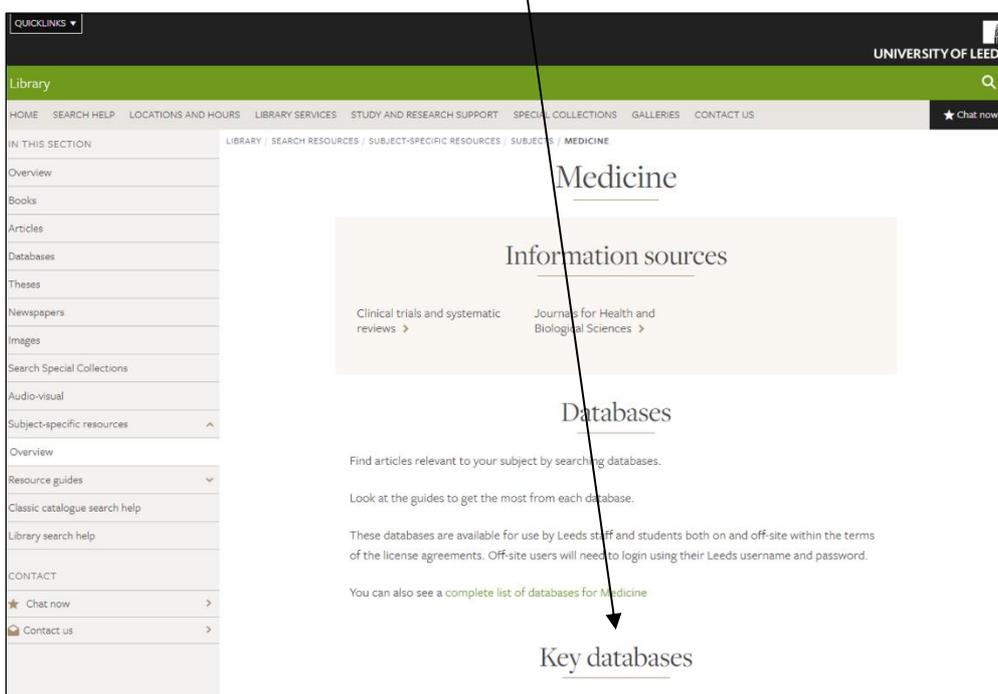
To access the database, go to the Library's homepage at <https://library.leeds.ac.uk/> and click on

Subject databases. This contains a bank of useful resources to help you with your studies.



You can view databases relevant to your studies by selecting your subject from the subsequent list.

Scroll down the page to find your **Key databases.**



NOTE Medline is not listed on the key databases page for *every* subject. If Medline is not on your own subject's key databases page, you can find it on the list of key databases on the [Medicine](#) subject resources page.

Your key databases page provides you with a list of databases which have been chosen as the most likely to be relevant for your subject. It's a good idea to browse through them and read their descriptions to decide which ones are relevant for your studies.

As this workbook looks at Medline, select Medline from the list of databases by clicking the green link (circled). The entry will look like this:

Medline

Search for journal articles and other reference types in medicine, dentistry and nursing, including biomedicine, medicine, nursing, dentistry, allied health, pre-clinical sciences. This includes material from across the biological and environmental sciences, psychology, and chemistry. The database is updated frequently and can be searched back to 1950. A current awareness service provides alerts for newly added content.

Next, on the Library search page click on **Medline**.

The screenshot shows the Medline database entry page. The word "MEDLINE" is circled in red in the top left corner. The page displays the following information:

- DATABASE MEDLINE** (National Library of Medicine)
- Available Online** >
- Available online** _____
- Full text availability**
- MEDLINE** [Link icon]
- Details**
- Title**: MEDLINE
- Creator**: [National Library of Medicine.](#) >
- Publisher**: S.I. : Ovid Technologies.
- Description**: This database allows you to search for journal articles and other reference types in medicine, dentistry and nursing. The database is updated frequently and can be searched back to 1946. A current awareness service provides alerts for newly added content.
- MESH subjects**: [Medline](#) >
- Other title**: Index Medicus.
- Source**: Library Catalogue
- Local subjects**:
 - E-databases -- Medicine, Dentistry, Psychology & Healthcare -- Healthcare
 - E-databases -- Biological Sciences -- Sport and Exercise Sciences
 - E-databases -- Biological Sciences -- Biology
 - E-databases -- Medicine, Dentistry, Psychology & Healthcare -- Psychology
 - E-databases -- Medicine, Dentistry, Psychology & Healthcare -- Dentistry
 - E-databases -- Medicine, Dentistry, Psychology & Healthcare -- Medicine
 - E-databases -- Medicine, Dentistry, Psychology & Healthcare -- International Health
- Notes**: Computer version of Index Medicus.
- Send to** _____
- Actions**: EMAIL, CITATION, EXPORT BIBTEX, REFWORKS, ENDNOTE ONLINE, EASYBIB, EXPORT RIS (ENDNOTE)

Depending on where you are, e.g. off-campus, you may be required to login in with your IT username and password.

Now click on the link to **OVID MEDLINE (R) 1996 to ... [current year]** in the list of databases

Select Resource(s) to search:

<input type="checkbox"/>	CAB Abstracts 2000 to 2017 Week 32	i
<input type="checkbox"/>	CAB Abstracts 1910 to 2017 Week 32	i
<input type="checkbox"/>	All EBM Reviews - Cochrane DSR, ACP Journal Club, DARE, CCTR, CMR, HTA, and NHSEED	i
<input type="checkbox"/>	Embase 1996 to 2017 Week 34	i
<input type="checkbox"/>	Embase Classic+Embase 1947 to 2017 August 22	i
<input type="checkbox"/>	Global Health 1973 to 2017 Week 32	i
<input type="checkbox"/>	Global Health 1910 to 2017 Week 32	i
<input type="checkbox"/>	Global Health Archive 1910 to 1972	i
<input type="checkbox"/>	HMIC Health Management Information Consortium 1983 - present	i
<input type="checkbox"/>	International Pharmaceutical Abstracts 1970 to August 2017	i
<input type="checkbox"/>	Maternity & Infant Care Database (MIDIRS) 1971 to July 2017	i
<input type="checkbox"/>	Ovid MEDLINE(R) 1996 to August Week 2 2017	i
<input type="checkbox"/>	Ovid MEDLINE(R) 1946 to August Week 2 2017	i
<input type="checkbox"/>	Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations August 22, 2017	i
<input type="checkbox"/>	PsycARTICLES Full Text	i

OK Add Group Delete Group

Note: you can search back as far as 1946 if you need to.

During this workbook you will be searching on the **Advanced** screen (below) as this is the only screen that allows you to search using **subject headings** and also **keywords** and then combine them using the AND + OR buttons.

Search Journals Books My Workspace Multimedia

Search History (0) View Saved

#	Searches	Results	Type	Actions	Annotations
-	-	-	-	-	-

Save Remove Combine with: AND OR

Save All View Saved

Basic Search | Find Citation | Search Tools | Search Fields | **Advanced Search** | Multi-Field Search

1 Resource selected | Hide | Change

Ovid MEDLINE(R) 1996 to June Week 4 2016

Enter keyword or phrase (* or \$ for truncation)

Keyword Author Title Journal

Search

Limits (close) Map Term to Subject Heading

Abstracts English Language Review Articles

Humans

Publication Year - -

Additional Limits Edit Limits

2. Breaking down your question

To perform an effective keyword search, you need to start by breaking down your research question into its main topics.

In this workbook remember we are looking for evidence to find out whether cognitive behavioural therapy can help improve self esteem in people with eating disorders.

In this case our main topics are:

1. **cognitive behavioural therapy**
2. **self esteem**
3. **eating disorders**

The other words in the research question are less important and don't need to be searched for.

Here's the process:

- First we will search for articles about **cognitive behavioural therapy**
- Then we will search for articles about **self esteem**
- Then we will search for articles about **eating disorders**
- Finally, we will combine these 3 sets of results using the **AND** button. This will leave us with one set of articles that contain **all** your topics together

Concentrating on one part of your question at a time and entering all those search terms separately means that the structure of your search strategy is much easier to follow and it is much simpler if you later decide to delete one stage of your search.

Note: When navigating around the database and viewing references, try to avoid using the **Back** and **Forward** buttons inside your browser as these can mean you lose selected references, or at worst parts of your search. Use the navigation buttons **Next>**, **<Previous** and click the **Search** tab to get to the main search page again.

3. Searching with subject headings – the 'topic search'

In addition to the information about the article's author, title and publication details, every record in Medline contains a number of **subject headings** to help describe the content of that article. Subject headings are chosen by an indexer from a set list of words and phrases. You can choose to search for articles that have been given a particular subject heading. Searching by subject heading means that your results will be significantly about that topic, regardless of the words the author used to refer to the topic in the actual article.

When there is a tick in the box marked 'Map term to Subject Heading', Medline will try to help you identify the subject heading that is used for your topic. For example, if you type in **alternative medicine**, Medline will tell you that the recognised subject heading is actually **complementary therapies**.

Note that subject headings vary between databases so each database needs to be searched separately and the appropriate headings identified. This is referred to as 'tailoring' the search between databases.

Exercise 2

To carry out subject heading searches you must first put a tick in the box **Map term to subject heading** – do this now (see screenshot).

The screenshot shows the Medline search interface. At the top, there are navigation links: Basic Search | Find Citation | Search Tools | Search Fields | Advanced Search | Multi-Field Search. Below this, it indicates '1 Resource selected | Hide | Change' and 'Ovid MEDLINE(R) 1946 to July Week 5 2014'. The search input field is empty, and the search type is set to 'Keyword'. In the 'Limits' section, the 'Map Term to Subject Heading' checkbox is checked, and an arrow points to it. Other limit options include Abstracts, English Language, Review Articles, and Humans. There are also fields for 'Publication Year' and buttons for 'Additional Limits' and 'Edit Limits'.

In the search box, type cognitive behavioural therapy and click on **Search**.

Medline will now try to find the most appropriate subject heading for you.

The next screen shows a list of suggested subject headings for you to choose from. For some topics, 10 or more subject headings may be suggested.

The screenshot shows the Medline search results page. At the top, there are navigation links: Search | Journals | Books | My Workspace | Primal Pictures | Multimedia. Below this, it says 'Your term mapped to the following Subject Headings: Click on a subject heading to view more general and more specific terms within the tree.' There is a checkbox for 'Include All Subheadings' and a dropdown menu for 'Combine selections with: OR'. A 'Continue >>' button is also present. The main content is a table of suggested subject headings.

Select	Subject Heading	Explode	Focus	Scope
<input type="checkbox"/>	Cognitive Therapy	<input type="checkbox"/>	<input type="checkbox"/>	(1)
<input type="checkbox"/>	Adult	<input type="checkbox"/>	<input type="checkbox"/>	(1)
<input type="checkbox"/>	Anxiety Disorders	<input type="checkbox"/>	<input type="checkbox"/>	(1)
<input type="checkbox"/>	Treatment Outcome	<input type="checkbox"/>	<input type="checkbox"/>	(1)
<input type="checkbox"/>	Depressive Disorder	<input type="checkbox"/>	<input type="checkbox"/>	(1)
<input type="checkbox"/>	Fatigue Syndrome, Chronic	<input type="checkbox"/>	<input type="checkbox"/>	(1)
<input type="checkbox"/>	Delusions	<input type="checkbox"/>	<input type="checkbox"/>	(1)
<input type="checkbox"/>	Questionnaires	<input type="checkbox"/>	<input type="checkbox"/>	(1)
<input type="checkbox"/>	Agoraphobia	<input type="checkbox"/>	<input type="checkbox"/>	(1)
<input type="checkbox"/>	Obsessive-Compulsive Disorder	<input type="checkbox"/>	<input type="checkbox"/>	(1)
<input type="checkbox"/>	cognitive behavioural therapy.mp. search as Keyword			

What you need to do here is choose the closest matching heading for the topic you typed in. Sometimes you will find an exact match but other times you have to carefully choose from the database's suggestions.

Don't be distracted away from the topic you searched for and choose the most relevant option (if there is one).

If you want to find out more information about a heading, you can try clicking on its scope button.

In this case the most suitable heading is **Cognitive Therapy** – click on it

You are now on a page showing where **Cognitive Therapy** appears in Medline's thesaurus of subject headings.

<input type="checkbox"/>	[-] Behavior Therapy	10794	<input type="checkbox"/>	<input type="checkbox"/>	i
	<input type="checkbox"/> Aversive Therapy	114	<input type="checkbox"/>	<input type="checkbox"/>	i
	<input type="checkbox"/> Biofeedback, Psychology	3218	<input type="checkbox"/>	<input type="checkbox"/>	i
<input checked="" type="checkbox"/>	[-] Cognitive Therapy	14900	<input type="checkbox"/>	<input type="checkbox"/>	i
	<input type="checkbox"/> Acceptance and Commitment Therapy	17	<input type="checkbox"/>	<input type="checkbox"/>	i
	<input type="checkbox"/> Mindfulness	163	<input type="checkbox"/>	<input type="checkbox"/>	i
	[+] <input type="checkbox"/> Desensitization, Psychologic	653	<input type="checkbox"/>	<input type="checkbox"/>	i
	[+] <input type="checkbox"/> Relaxation Therapy	2486	<input type="checkbox"/>	<input type="checkbox"/>	i
	<input type="checkbox"/> Sleep Phase Chronotherapy	13	<input type="checkbox"/>	<input type="checkbox"/>	i

Exercise 3

Sometimes you need to scroll down to find your heading – it will have a blue band across it. The corresponding number under the column **Hits** tells you how many articles will be retrieved.

Subject headings can have broader and/or narrower subject headings. Our heading is a narrower heading within the broader topic of Behavior Therapy, and it also has 2 narrower topics of its own – Acceptance and Commitment Therapy and Mindfulness.

If you want the papers belonging to a particular heading, you have to tell the database by ticking the box next to that heading – for example, don't assume that if you searched for Behaviour Therapy that the Cognitive Therapy papers would automatically be included, as this is not the case. You would have to include a separate subject heading search for Cognitive Therapy.

We'll look at this in more detail later – for now, just scroll to the top of the page and click on **Continue**.

a. Subheadings

You will now see a screen of **subheadings**. These can look attractive as you may well be interested in, for example, the **history** of cognitive therapy, but for a detailed search it is not advisable to use them as you can miss vital articles because of inconsistencies in indexing. In addition, some articles are not assigned any subheadings at all and you would miss those if you made any selection here. That said, using subheadings can be a good way of leaving yourself with just a few relevant papers e.g. for background reading.

Exercise 4

For this example, click in the **Include all subheadings** box and then on **Continue**

You should now be back at the Main Search page where your first set of results can be seen.

<input type="checkbox"/>	# ▲	Searches	Results	Type	Actions	Annotations
<input type="checkbox"/>	1	Cognitive Therapy/	17880	Advanced	Display Results More ▾	i

Save Remove Combine with: AND OR

Exercise 5

Now try another subject heading search for **self esteem** – the second concept within our example research question. Follow the same process you used for cognitive behavioural therapy.

The heading Medline offers is **Self Concept**

Select	Subject Heading	Explode	Focus	Scope
<input checked="" type="checkbox"/>	Self Concept	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	self concept.mp. search as Keyword			

Click on **Self Concept** to see whether it has any narrower topics you might want to include.

As shown below, it has 6 narrower headings – each of which has its own set of papers which won't automatically be included if you only search for self concept.

	Select	Subject Heading		Explode	Focus	Scope
	<input checked="" type="checkbox"/>	Self Concept	30911	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	Body Image	9705	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	Diagnostic Self Evaluation	1568	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	Self-Assessment	8364	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	Self Disclosure	5539	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	Self Efficacy	14540	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	Sense of Coherence	447	<input type="checkbox"/>	<input type="checkbox"/>	

Note – if you wanted to include the 6 narrower headings as well as the broader topic of Self Concept, you can tick the first box to the right of Self Concept – this is the **Explode** feature, which retrieves the original set of papers plus the papers from the narrower headings as well.

Decide whether or not you want to include those extra papers, click **Continue**, go past the subheadings page, back to the main search page.

Exercise 6

Finally, carry out a subject heading search for **eating disorders** (the third concept within our research question).

The heading Medline offers is **Feeding and eating disorders**.

Select	Subject Heading	Explode	Focus	Scope
<input type="checkbox"/>	"Feeding and Eating Disorders"	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	Anorexia Nervosa	<input type="checkbox"/>	<input type="checkbox"/>	

Click on the heading link to investigate whether it has any narrower topics you want to include (remember you can use **Explode** to do this)

Continue with the process to get back to the main search page.

Your search table should now look similar to this:

<input type="checkbox"/>	# ▲	Searches	Results	Type	Actions	Annotations
<input type="checkbox"/>	1	Cognitive Therapy/	17880	Advanced	Display Results More ▾	<input type="checkbox"/>
<input type="checkbox"/>	2	exp self concept/	65698	Advanced	Display Results More ▾	<input type="checkbox"/>
<input type="checkbox"/>	3	exp "Feeding and Eating Disorders"/	15832	Advanced	Display Results More ▾	<input type="checkbox"/>

Save Remove Combine with: AND OR

Note: Now that you have a set of results for each of your topics you could **tick** and **combine** these sets together using the **AND** button. However this would only give you an **indication** of what has been published and would **not** be a comprehensive search. Also, if you need to show evidence of the way you have conducted your search you may lose marks for not showing awareness of the more comprehensive search methods that are explained later.

4. Searching with keywords – the ‘exact phrase search’

Subject heading searches will probably find you many of the relevant papers, but for a comprehensive search you need to supplement your subject heading searches with some **keyword searches**.

Searching by keyword enables you to type in a word or phrase and the database will bring back any references where there is an **exact match** in the title or abstract (summary) fields.

Note – although this sounds very straightforward, there are a number of issues to be aware of:

1. The same concept (whether it's a drug, a condition etc) can often be referred to in more than one way. If you only search for it one way you will miss articles that refer to it in a different way (cancer, carcinoma etc)
2. Words that you might be interested in can have variations, perhaps in the spelling (e.g. behaviour vs. behavior) or different endings (e.g. depressed, depression, depressive etc) that could be of interest
3. Finally, check your spelling – especially if you are getting zero results! Remember the database will only bring back exact matches for what you type in.

Keyword searching brings back references where the words or phrases you type in appear primarily in an article's **title** or **abstract**. This can mean that although your concept is mentioned, it is not necessarily a major theme of the article.

You will need to make a judgement about how far you try to define the concepts you are interested in – this often depends on why you are carrying out the search. Under some circumstances it may be appropriate to stick to one major way of defining a concept, but if you're trying to be more comprehensive you should aim to think of and include as many synonyms as possible.

Spend a few moments thinking about the different ways our concepts could be referred to in the literature and list them below. Consider any alternative spellings (American versus British), plurals and abbreviations.

This stage is vital. For example if we were looking for papers about postnatal depression and only searched using that term, we would miss the articles that used the alternative term 'postpartum depression'.

How else might **cognitive behavioural therapy**, **self esteem** and **eating disorders** be referred to? Include even slight variations – otherwise your search results will exclude them.

How many can you think of? List them here: (if you get really stuck, refer to the appendix of this document for some ideas)

TOPIC 1 – cognitive behavioural therapy	TOPIC 2 – self esteem	TOPIC 3 – eating disorders
?	?	?
?	?	?
?	?	?
?	?	?

5. Truncation and wildcards

To help save you some time and effort, Medline has some keyword search tools that look for variants of words. These are known as **truncation** and **wildcards**. Each software supplier uses their own set of symbols, but in the OVID databases the following apply:

- * is used to truncate words and find different word endings, e.g. depress* will find depressed, depression, depressive etc
- # is used to search for a variable single character, e.g. organi#ation will find organisation and organization
- ? is used to search for a single character, or no character at all. This is very useful for some British and American spellings, e.g. orthop?edics will find both orthopedics and orthopaedics

Note: you can use these techniques in combination e.g. behavio?r*

Look at the list of words you've created – can you find a suitable use for truncation or wildcards? Do you want to search for both plural and singular versions of words?

Note: Beware of truncating words too far, as you may find too many unrelated words. For example if you were searching for legal aspects of medicine, truncating legal to leg* would also find articles about legs, legacy etc.

Exercise 7

Now it is time to enter your words and phrases, one at a time, into Medline. First, you need to tell the system you want to perform a **keyword search** and not a subject heading search.

To do this, **remove the tick** from the box marked **Map Term to Subject Heading** by clicking in the box.

Enter the first word or phrase you thought of for topic 1 and click on **Search**.

Repeat for **all** the other terms you came up with for topic 1, entering them into the database one at a time and clicking Search after each one.

Notice how the **number of results you find each time varies** – if you don't search using a range of terms you will miss some key papers.

Exercise 8

Now do exactly the same for topic 2, searching for these one at a time as well.

Exercise 9

Now do exactly the same for topic 3, one at a time.

Note: To delete any of your searches, tick individual boxes (or the one at the top to select them all) and click **Remove Selected**.

We'll look at how to use the AND + OR buttons to combine these results a little later.

6. Adjacency searching

Another useful **keyword** search technique is called **adjacency searching**. This is useful if you want to look for papers where your words might appear NEAR each other rather than only right next to each other. To do this, separate your words with **ADJn** where **n** is the number of major words **MINUS 1** that you will allow to appear **between** your words.

For example, searching for **physician ADJ3 relationship** will find the words physician and relationship within **TWO** major words of each other in any direction – and would find many more papers than just searching for the specific phrase 'physician relationship'. Using this technique would retrieve papers with phrases like "physician patient relationship", "patient physician relationship", "relationship of the physician to the patient" and so on.

Medline does not count **stop words** such as in, on, and, the or they etc in the ADJ number so your target words may well be even more than 2 words apart (but no more than 2 **major** (not stop) words apart).

So, following the database's adjacency searching rules **ADJ(n-1)** where n = the number of major words to appear between your words:

- ADJ searches for both terms next to each other in the order as typed.
- ADJ1 searches for both terms next to each other in either order.
- ADJ2 searches for both terms and up to **one** word in between them
- ADJ3 searches for both terms and up to **two** words in between them
- ADJn searches for both terms and up to **(n-1)** words in between them

Note: the higher the ADJ number you use, the further apart your keywords will be from each other. When this happens, you can start to lose the context you wanted. It is worth experimenting with different numbers and spot checking your results for relevance.

7. Combining your searches

Now that you know how to find some articles, you need to know how to **combine** your search results to be left with one final set of papers that contain **both** your concepts together.

Combining requires the use of the Boolean Operators AND + OR. These options appear as buttons on the search screen.

Exercise 10

Look at your **Search History** table. This shows you every search you have carried out so far.

Identify all the searches (subject heading and keywords) you carried out about **cognitive behavioural therapy** and tick the box to the left of every set.

Click on the **OR** button

This produces a combination set at the bottom of your search history table, containing all results about topic 1 all together.

Now tick every set of results you generated about topic 2 **self esteem** and combine them using OR as well.

You should now have a second combination set at the bottom of your search history table.

Now tick every set of results you generated about topic 3 **eating disorders** and combine them using OR.

You should now have a third combination set.

The final stage is to combine your combination sets!

To do this, just tick your three combination sets – but this time combine them by clicking on the **AND** button.

This narrows the search to leave you with one final set of results that contains all your topics together now.

Concentrating on one part of your question at a time and entering all those search terms separately means that the structure of your search strategy is much easier to follow and it is much simpler if you later decide to delete one stage of your search.

Have a look through your final set of results – either by clicking on Display for that set or by scrolling down.

Do they help you answer your research question?

Your results will all mention all your topics, but not necessarily in the context you want; you will now need to browse the results and read the abstract to find out whether it's going to be useful.

Sometimes you will need to click the **Complete Reference** link for a reference to see exactly where your search terms appear in full – they should appear highlighted in colour to help you spot them.

Have a look at the final page (appendix) of this workbook – if you have followed all the steps correctly, your search strategy should look similar

8. Using limits

Medline has a large number of limits you can apply to your search. The most common limiting options can be found underneath the search box e.g. English language.

Use these with care when you are doing a comprehensive search as you can miss important references this way. If you do use them, apply them one at a time so you can see the effect they have. All you need to do to apply a limit to the search you have carried out is tick the appropriate limit and click on the Search button. This will apply the limit to the last search you performed (just do this once, after you have finished combining any searches).

Further limits can be accessed by clicking on **Additional limits**.

9. Viewing and saving your results

a. Viewing your results and accessing the full text of articles

After your search, you can view the results and sometimes get a link through to the full text of articles. Being able to access the full text depends on the Library having a subscription to the journal a particular article had been published in – see below.

If you scroll down the screen you will see the first 10 results. References will have some or all of the following links beside them:

Abstract Reference	A brief summary of the article
Complete Reference	Full details of the article, including abstract and subject headings
Find Similar	Clicking this will show you other related articles
Find Citing Articles	See who has subsequently referred to (cited) the article in their own research
Document Supply	A link to the Library's Document Supply service, where you can request items we don't have access to in print or online. The service costs £10 per request.
check@leeds	This will try to download the full text for you, if we subscribe electronically to the journal it is published in. If this link fails, try searching the Library Catalogue for the article to see if we subscribe or have it available in print.

Try viewing some of your results, using the links described above.

Note: When navigating around the database and viewing references, try to avoid using the **Back** and **Forward** buttons inside your browser as these can mean you lose selected references, or at worst parts of your search. Use the navigation buttons **Next>**, **<Previous** and click the **Search** tab to get to the main search page again.

b. Saving your results

There are various ways you can save the results of your search – not the full text papers themselves, just a record of the results that you have found.

You can tick individual results and then use the appropriate option Print/Email/Export on the bar above your results:



Or you can select all your results (within the maximum allowed number) by ticking just the box to the far left and then exporting/emailing etc.

Instruction for EndNote software users only: If you want to send your results to an EndNote library, choose the **Export** option and then choose the RIS format from the drop-down menu that appears. Click **Export** and your references will be downloaded to your computer. When you open the downloaded file, the references should be automatically added to your EndNote library.

If you don't know what EndNote is and want to find out more, see https://library.leeds.ac.uk/info/1403/endnote/43/endnote_support

c. Saving your search strategy – setting up a personal account

You can also save a live copy of your search strategy using OVID's free Personal Account feature. This means that you can re-run a search at a later date without having to re-type your terms. This is particularly useful when working on projects rather than just trying to find some background reading.

Don't feel obliged to complete the following exercise if you don't think it will be useful yet.

Exercise 11

To set up your personal account, click on **My Account** at the top right of the screen.

Then click on **Create Account**.

Follow the instructions on screen. Choose any account name and password, making sure it is something you will be able to remember easily – don't use any spaces or symbols or your password will be refused. Your account name and password do not have to be the same as your University IT account.

Now perform the search you want to save. (You may decide to run something very simple as a test).

Click on **Save All** underneath the Search History box and log in with your new account name and password if prompted.

At the top of the screen, type a name for your search into the Search Name box. Give the search a logical name so you can easily recognise it in the future. We also recommend adding the name of the database you used, and the date, so that you can easily distinguish between different searches.

By default your search will be saved permanently. You can also save a search temporarily, meaning it will disappear after 24 hours, or as an AutoAlert - each time the database is updated, any new references which match your search criteria will be sent to you in an e-mail. Make your selection of permanent, temporary or auto-alert from the **Type** drop down menu.

Click on **Save** to complete the process.

Once you have saved a search strategy, you can run it again at a later date by clicking on **View Saved** in the top right corner. Select the search you want to run and click on **Run**. Your results will be available back on the main search page (click on the Search tab to get there).

It is a good idea to make sure your Search History is clear before running a saved search. Otherwise your results will be added on to the end of any results already visible.

To delete searches from your Search History, tick individual boxes (or the one at the top to select them all) and click **Remove**.

10. What next?

After your initial search you could try one of the following:

- Refine your search - look at the results you've got and see if there are any additional keywords you could use, or any you should take out. You will probably have to do a series of searches to come up with your best search, even experienced searchers do this
- Try different databases - try Embase, PsycINFO, HMIC etc. You can see a list of medical and health related databases by going to your subject support page <http://library.leeds.ac.uk/subjects>
Look for the Databases section to see a full list of databases.
- Follow up references - look at the list of references/bibliography at the end of a useful article and see if there are other articles you have missed. You could also use the **Web of Science** database to do a [citation search](#) to find who has quoted a particular paper since it was published.

11. Accessing Medline Off-Campus

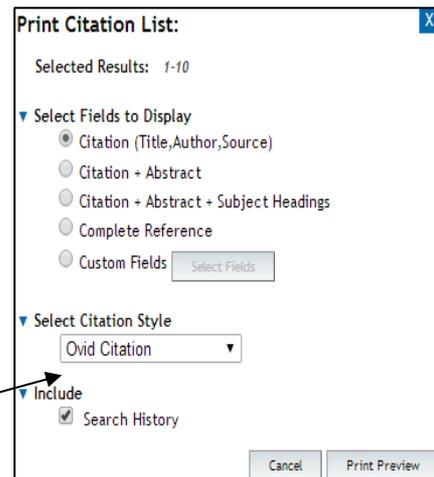
All University staff and students can access Medline and other databases (and electronic journals) from off-campus as well as inside the University. Usually, you will be prompted to log in with your IT username and password.

Appendix 1

Example search strategy. If you have correctly followed the steps in this workbook, your strategy should look very similar to this. It shows subject heading searches (those followed by /), keyword searches (those followed by .mp) and how they should be combined. The number of results at each stage will change as new references are added to the database.

To generate a copy of your search strategy like this, go to 'Print' on the Menu bar from the main search screen, and then tick the 'Include search history' option, followed by 'Print Preview'.

 Ovid MEDLINE(R) 1996 to July Week 4 2014



Search strategy:

#	Searches	Results
1	Cognitive Therapy/	14900
2	cognitive behavio?r therap*.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	1903
3	cbt.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	4452
4	talking therap*.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	65
5	talking treatment*.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	7
6	1 or 2 or 3 or 4 or 5	16430
7	Self Concept/	27436
8	self esteem.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	9559
9	self confidence.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	1605
10	self worth.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	846

11	self value.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	28
12	self regard.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	53
13	7 or 8 or 9 or 10 or 11 or 12	32766
14	exp Eating Disorders/	9667
15	eating disorder*.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	12534
16	appetite disorder*.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	41
17	anorexi*.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	16659
18	bulimi*.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	5824
19	14 or 15 or 16 or 17 or 18	27368
20	6 and 13 and 19	96