

SPORTDiscus: quick start guide

This is a quick guide to help you to start using the SPORTDiscus database. This database contains information on sport, fitness and related disciplines, including sport medicine, physical education, coaching and training, arts and history of sport, engineering and health and safety for sport.

Getting started

1. Go to the Library homepage at <http://library.leeds.ac.uk/> or to the **Learn** tab in Minerva
2. Type **SPORTDiscus** into the Library search box
3. From the results list, click on the link to **SPORTDiscus**
4. On campus you will be connected to SportDiscus automatically; off campus please enter your University username and password when prompted.

Searching SPORTDiscus

Note that you will automatically be taken to the Advanced Search screen. However, a Basic Search is also available under the search box, so click on that now.

EBSCOhost

Searching: [SPORTDiscus](#) | [Choose Databases](#)

emotion* and performance

Search

Search Options ▶ Basic Search Advanced Search Search History

Search Options

Search Modes and Expanders

Search modes ?

Boolean/Phrase

Find all my search terms

Find any of my search terms

SmartText Searching [Hint](#)

Apply equivalent subjects

Apply related words

Limit your results

Linked Full Text

Abstract Available

Publication Name

Peer Reviewed

Reset

Type your search terms in the search box.

Choose to find references where the whole article & abstract are available.

Tips for effective searching

Using a single keyword as your search term will probably find too much information to process. Use two or more keywords to refine your request and link them together using: **AND**, **OR**, **NOT**, or search for a **phrase** using **quotation marks** around your keywords e.g., "motor control".

- AND = fewer, more specific results e.g. Sport AND motivation
- OR = more results, broadening your search e.g. Recovery OR rehabilitation
- NOT = fewer results, excluding irrelevant information e.g. Athletics NOT javelin



Understanding search results

The screenshot shows a search results page. On the left is a 'Refine Results' sidebar with sections for 'Current Search', 'Boolean/Phrase' (containing 'emotion* and performance'), 'Expanders' (with 'Apply equivalent subjects' checked), and 'Limiters' (with 'Linked Full Text' checked). The main area shows 'Search Results: 1 - 10 of 135'. The first result is titled '1. The Effectiveness of Advertising Embedded in Televised Sport Programming: How Team Performance Influences de Formation.' Below the title is the author information 'Lee, Minkyoo; Potter, Robert F.; Choong Hoon Lim; Pedersen, Paul M., Sport Marketing Quarterly Dec2018, Vol. 27 Issue 4, p221 (English Abstract Available)' and subject terms 'Subjects: SPORTS sponsorship; SPORTS marketing; EMOTIONS (Psychology); AROUSAL (Physiology); SOCIAL media'. There are icons for 'Academic Journal', 'PDF Full Text', and 'check@leeds'. At the top right are 'Relevance', 'Page Options', and 'Share' dropdowns. A plus icon is also visible.

Read more detail about the article by clicking on the title.

Read the whole article.

Collect details of a number of articles and download them all at the end of your search.

Improving your search results

The screenshot shows the 'Limit To' and 'Source Types' filter sections. The 'Limit To' section has three checked options: 'Linked Full Text', 'Abstract Available', and 'Peer Reviewed'. Below it is a 'Show More' link and 'Options set'. The 'Source Types' section has 'All Results' unchecked and 'Academic Journals (135)' checked. Below are 'Subject: Thesaurus Term' and 'Subject' dropdowns.

Make your search more specific by adding in another suggested keyword, e.g., sport and motivation and injury.

Use the limiting options on the left-hand side of the screen, for example, to restrict your results to academic journal articles, or items with a full text link.

Printing, emailing and exporting records

1. Save the results you want by clicking on the blue folder icon beside each record here.

Search Results: 1 - 10 of 3,116

Relevance ▾ Page Options ▾ Share ▾

1. [Effect of Preperformance Routine on Advanced Swimmers' Performance and Motor Efficiency, Self-Efficacy, and Idiosyncratic Emotions.](#)



Richard, Veronique; Mason, Justin; Alvarez-Alvarado, Stacey; Perry, Inbal; Lussier, Benoit; Tenenbaum, Gershon, Sport Psychologist Jun2021, Vol. 35 Issue 2, p97 (English Abstract Available)

Subjects: SWIMMERS; **EMOTIONAL** maturity; **EMOTIONS**; SPORTS psychology; SELF-efficacy; NATIONAL Collegiate Athletic Association; **EMOTIONAL** state

check@leeds

2. Click on the folder icon at the top right of your screen

Sign In  Folder Preferences Languages ▾ Help Exit

UNIVERSITY OF LEEDS

3. Find the options to print, email, save or export on the right-hand side of the screen.

Page Options ▾

 Print
 E-mail
 Save as File
 Export

Further help

- If you would like to know more about using SPORTDiscus, or about features such as advanced searching, please consult the SPORTDiscus help pages or contact Library enquiries: <http://library.leeds.ac.uk/enquiries>.